## Helping over 1500 People a Year

The Martlets Hospice helps people who are living with terminal illness and for whom curative treatment is no longer possible. We also help patients' families, carers and friends through bereavement by offering counselling, advice and support when they most need it.

The Martlets Hospice opened in 1997 from the merger of Coppercliff Hospice and Tarner Home. Our facilities and services include an in-patient unit, day hospice, Martlets@Home service, and bereavement and counselling services.

## **Serving the Local Community**

We are a local charity serving the people of Brighton and Hove and the surrounding area including Portslade, Peacehaven, Saltdean, Newhaven, Rottingdean, Lewes and Ringmer.

All Hospice services are provided free of charge by a dedicated staff team including health professionals supported by over 400 part-time volunteers. It now costs £3.5million a year to run the Martlets, yet only just over a quarter of our income comes from government. That is why we rely so heavily on the generous and continuing support of the local community.

Everything we do supports patient choice and aims to give people the very best quality of life in the time they have left.

## **Our Vision for the Future**

We want to continue to care for local people when they most need our help. By leaving a gift to the Martlets Hospice in your Will, you can help us succeed.

"What was important and comforting for me was having the opportunity to talk to someone who really understands what I'm going through. It has really helped me to cope." Kelly



"The Day Hospice gives me the chance to meet up with people and share experiences. I wouldn't want to give up these sessions for anything. It is something to get up in the morning for." Brian



"Without you, life would quite simply have been impossible. I will always be grateful to know that my mother ended her days in the best possible care." Max

"I have benefited greatly from the nursing staff's amazing patience, professionalism, humour, sensitivity and discretion. For example, night panics have resulted in talks, hugs and waiting until the moment has passed and that sometimes can take a long time. Mine has been a very positive experience." Jean



"The Martlets@Home team came to us in the last days of my husband's life. These wonderful people allowed Gerry to do what he wanted which was to die at home, in his own bed, at peace and with dignity. For me, the most appreciated thing was to be able to sleep beside him knowing he would be watched over. Words cannot convey the gratitude I feel towards them for being there for us." Valerie

All quotations and photographs are reproduced by kind permission of patients and relatives.



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## **Acknowledgements**

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